



LUNCH

AUGUST 2018

Blount County Schools

Offered Daily: 1% Low-fat Milk
Non-Fat Flavored Milk
Fruit

Offer vs Serve Requirement: Student must select 1 serving of Fruit or Vegetable, plus 2 other items

Monday

Tuesday

Wednesday

Thursday

Friday

6

7

1

2

3

13
Hot Wings
Soft Pretzel Stick
Celery Stick w/Ranch
Broccoli w/Cheese
Fruit

14
Pizza
Corn
Garden Salad
Fruit

15
Spaghetti
English Peas
Steamed Carrots
Fresh Salad
Roll
Fruit

9
Chicken Nuggets
Mashed Potatoes/Gravy
Green Beans
Roll
Fruit

10
Cheeseburger
Or Fish Sandwich
Tater Tot Casserole
Slaw
Fruit & Dessert

20
Chicken Fajita
Spanish Rice
Corn
Fruit

21
Combo Sandwich
Baked Chips
Pasta Salad
Veggies w/ranch
Fruit

22
Country Fried Steak
Or Pork Chops
Mashed Potatoes/Gravy
Blackeye Peas
Turnip Greens
Fruit

16
Hot Dog
Or Meatball Hoagie
Chips
Baked Beans
Corn Nuggets
Fruit

17
Chick Fillet
Or Fish Sandwich
Fries
Cole Slaw
Fruit
Dessert

27
Taco Salad
Pinto Beans
Seasoned Rice
Fruit

28
Pizza Bar
Green Salad
Squash Casserole
Broccoli w/Cheese
Fruit

29
Chicken Penne or
Fish
Nuggets
Garden Salad
California Veg Mix
Fruit

23
Corn Dog
Baked Beans
Onion Rings
Slaw
Fruit

24
BBQ or Fish Sandwich
Potato Salad
Corn on Cob
Pickle Spear
Fruit
Dessert

31
Chicken
Or Fish Sandwich
Tater Tots
Slaw
Fruit
Dessert

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