



# LUNCH

## AUGUST 2018

### Blount County Schools

**Offered Daily:** 1% Low-fat Milk  
Non-Fat Flavored Milk  
Fruit

**Offer vs Serve Requirement:** Student must select 1 serving of Fruit or Vegetable, plus 2 other items

Monday

Tuesday

Wednesday

Thursday

Friday

6

7

1

2

3

13  
Hot Wings  
Soft Pretzel Stick  
Celery Stick w/Ranch  
Broccoli w/Cheese  
Fruit

14  
Pizza  
Corn  
Garden Salad  
Fruit

15  
Spaghetti  
English Peas  
Steamed Carrots  
Fresh Salad  
Roll  
Fruit

9  
Chicken Nuggets  
Mashed Potatoes/Gravy  
Green Beans  
Roll  
Fruit

10  
Cheeseburger  
Or Fish Sandwich  
Tater Tot Casserole  
Slaw  
Fruit & Dessert

20  
Chicken Fajita  
Spanish Rice  
Corn  
Fruit

21  
Combo Sandwich  
Baked Chips  
Pasta Salad  
Veggies w/ranch  
Fruit

22  
Country Fried Steak  
Or Pork Chops  
Mashed Potatoes/Gravy  
Blackeye Peas  
Turnip Greens  
Fruit

16  
Hot Dog  
Or Meatball Hoagie  
Chips  
Baked Beans  
Corn Nuggets  
Fruit

17  
Chick Fillet  
Or Fish Sandwich  
Fries  
Cole Slaw  
Fruit  
Dessert

27  
Taco Salad  
Pinto Beans  
Seasoned Rice  
Fruit

28  
Pizza Bar  
Green Salad  
Squash Casserole  
Broccoli w/Cheese  
Fruit

29  
Chicken Penne or  
Fish  
Nuggets  
Garden Salad  
California Veg Mix  
Fruit

23  
Corn Dog  
Baked Beans  
Onion Rings  
Slaw  
Fruit

24  
BBQ or Fish Sandwich  
Potato Salad  
Corn on Cob  
Pickle Spear  
Fruit  
Dessert

31  
Chicken  
Or Fish Sandwich  
Tater Tots  
Slaw  
Fruit  
Dessert

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