



# FEBRUARY 2019

Blount County Schools

Offered Daily: 1% Low-fat Milk  
Non-Fat Flavored Milk

Offer vs Serve Requirement: Student must select 1 serving of Fruit, plus 2 other items

## Monday Tuesday Wednesday Thursday Friday



Mini Pancakes with Syrup  
OR  
Cereal & Toast w/Jelly  
Juice & Chilled Fruit **4**

Mini Chicken Honey Biscuits  
OR  
Cereal w/ Toast & Jelly  
Juice  
Chilled Fruit **5**

Glazed Cinnamon Roll  
OR  
Cereal  
Smokey Sausage Links  
Juice & Chilled Fruit **6**

Breakfast Pizza  
OR  
Cereal & Toast w/Jelly  
Chilled Fruit  
Juice **7**

Southern Sausage Biscuit **1**  
OR  
Cereal w/ Sausage  
Juice &  
Chilled Fruit

Southern Sausage Biscuit **8**  
OR  
Cereal w/ Sausage  
Juice &  
Chilled Fruit

Pancake Pups w/Syrup **11**  
OR Cereal  
String Cheese  
Juice  
Chilled Fruit

Southern Style Biscuit **12**  
Or Cereal  
Scrambled Eggs  
Crispy Bacon  
Juice  
Fruit

Chicken & Waffles **13**  
OR  
Cereal & Toast w/Jelly  
Juice  
Chilled Fruit

Warm "LOVE" Muffin **14**  
Yogurt  
Cereal  
Juice  
Chilled Fruit

Southern Style Biscuit **15**  
Sausage Gravy  
OR  
Cereal & Toast w/Jelly  
Juice Fruit

**18**  
Presidents' Day  
No School

Breakfast Pizza **19**  
OR  
Cereal & Toast w/Jelly  
Chilled Fruit  
Juice

Glazed Cinnamon Roll **20**  
OR  
Cereal  
Smokey Sausage Links  
Juice & Chilled Fruit

Fruit Filled Pastry **21**  
Or  
Cereal w/Toast & Jelly  
Juice  
Fresh Fruit

Southern Sausage Biscuit **22**  
OR  
Cereal w/ Sausage  
Juice &  
Chilled Fruit

Chicken Biscuit  
Biscuit Toppers **25**  
OR  
Cereal w/Crispy Chicken  
Juice  
Applesauce

French Toast Sticks **26**  
With Syrup  
OR  
Cereal  
Yogurt  
Chilled Fruit

Scrambled Eggs **27**  
Ham  
Cereal  
Toast w/Jelly  
Juice & Fruit

Breakfast Bagel **28**  
OR  
Cereal & Toast w/Jelly  
Chilled Fruit  
Juice

Sam I Am... Green Eggs and Ham

READ ACROSS AMERICA WEEK February 25<sup>th</sup> -March 1<sup>st</sup> 2019. Happy Birthday Dr. Seuss!!!!



Additional Grab/Go Breakfast Items Offered Daily. Items may include 12 oz Smoothies, Yogurt Parfaits, or Cereal Bar Options.  
Menu Subject to Change; Not all options available every day.