



FEBRUARY 2019

Blount County Schools

Offered Daily as Part of a Meal: 1% Low-fat Milk
Non-Fat Flavored Milk

Offer vs Serve Requirement: Student must select
1 serving of Fruit or Vegetable, plus 2 other items

Monday

4
Cheeseburger
Sweet Potato Fries
Sandwich Fixings
Baked Beans
Chilled Fruit

11
Chili with
Grilled Cheese Sandwich
Garden Salad w/Ranch
Glazed Carrots
Fresh Fruit

18
Presidents' Day
No School

25
Popcorn Chicken
Mini Biscuit
Creamy Mashed Potatoes
Country Gravy
Savory Green Beans
Fruit

Tuesday

5
Chicken Pot Pie
Mashed Potatoes
Garden salad
Creamy Ranch
Fruit

12
Creamy Chicken Alfredo
Buttery Garlic Bread
Broccoli & Cheese
Tuscan Salad w/Tuscan Dressing
Fruit Cup

19
Crispy Chicken Tenders
Fresh Baked Roll
Creamy Mashed Potatoes
Country Gravy
Green Peas
Chilled Fruit

26
Corndog
Smokey Black Eyed Peas
Assorted Chips
Creamy Coleslaw
Fresh Sliced Fruit

Wednesday

6
BBQ Nachos
Shredded Lettuce/Tomato
Cheesy Refried Beans
Salsa & Sour Cream
Fresh Fruit

13
Hamburger Steak
with Gravy
Cream Mashed Potatoes
Savory Green Beans
Fresh Baked Roll
Fruit

20
Hot Ham & Cheese
Broccoli & Cheese
Carrots w/Ranch
Sandwich Fixings
Fresh Fruit

27
Chicken Parmesan
Buttery Garlic Breadstick
Mixed Veggies
Tuscan Salad
Fresh Fruit

Thursday

7
Meatball Hoagie OR
Italian Dunkers w/Marinara
Italian Veggies
Tuscan Salad
Ranch or Tuscan Dressing
Chilled Fruit

14
Stuffed Crust Pizza
Garden Salad
Baby Carrots w/Ranch
Sweet Corn
Chilled Fruit
Sweetheart Cookie

21
Beefy Nachos
With Cheese
Lettuce/Salsa/Tomato
Pinto Beans
Fruit

28
Chicken Fajita
Golden Corn
Shredded Lettuce/Tomato
Salsa
Chilled Fruit

Friday

1
Grilled Chicken Club Or
Fish Sandwich
Assorted Chips
Ranch Broccoli Salad
Baked Beans
Sandwich Fixings
Fresh Fruit & Chocolate Pudding

8
Crispy Chicken Sandwich
Seasoned Potato Wedges
Sandwich Fixings
Green Peas
Chilled Fruit
Ice Cream Cup

15
Hot Dog or Chili Dog
Tater Tots
Baked Beans
Chilled Fruit

22
Homemade Pizza
Garden Salad w/Ranch
Corn
Fruit
Rice Krispie Treat



Various Cold and Grab-n-Go Style Entrée Options Also Offered Daily. Options may include: Wow Butter Sandwiches, Ham & Cheese, or Turkey & Cheese Sandwiches w/Chips, Pre-Plated Salads, and Yogurt Parfaits.

Not all options available every day at every cafeteria. Menu Subject to Change.

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