



# NOVEMBER 2018

## Blount County Schools

Offered Daily as Part of a Meal: 1% Low-fat Milk

Non-Fat Flavored Milk

Offer vs Serve Requirement: Student must select 1 serving of Fruit or Vegetable, plus 2 other items

Monday

Tuesday

Wednesday

Thursday

Friday

Various Cold and Grab-n-Go Style Entrée Options Also Offered Daily. Not all options available every day at every cafeteria. Menu Subject to Change.



5  
Popcorn Chicken  
Mini Biscuit  
Creamy Mashed Potatoes  
Country Gravy  
Savory Green Beans  
Frozen Fruit Slushie

6  
Corndog  
Smokey Black Eyed Peas  
Assorted Chips  
Creamy Coleslaw  
Fresh Fruit

7  
Chicken Parmesan  
Buttery Garlic Breadstick  
Italian Veggies  
Tuscan Salad  
Fresh Fruit

1  
Fiesta Pizza or  
French Bread Pepperoni Pizza  
Garden Salad  
Creamy Ranch  
Corn  
Chilled Fruit

2  
Grilled Chicken Club  
Assorted Chips  
Ranch Broccoli Salad  
Baked Beans  
Sandwich Fixings  
Fresh Fruit & Chocolate Pudding

8  
Chicken Fajita Nachos  
Cheesy Refried Beans  
Shredded Lettuce  
Salsa  
Chilled Fruit

9  
Bacon Cheeseburger  
Sweet Potato Fries  
Sandwich Fixings  
Baked Beans  
Strawberry Fruit Jell-O

12  
*Happy Veterans Day*

13  
Taco Soup  
Corn Chips & Salsa  
Shredded Cheddar & Sour Cream  
Garden Salad w/Creamy Ranch  
Frozen Fruit Slushie

14  
Oven Roasted Chicken  
Fresh Baked Roll  
Creamy Mashed Potatoes  
Country Gravy  
Glazed Carrots  
Chilled Fruit

15  
Italian Dunkers  
W/ Marinara Sauce  
Italian Veggies  
Tuscan Salad  
Fresh Fruit

16  
Crispy Chicken Sandwich  
Seasoned Potato Wedges  
Sandwich Fixings  
Baked Beans  
Chilled Fruit  
Ice Cream Cup

19  
Hot Dog or  
Chili Dog  
Tater Tots  
Baked Beans  
Chilled Fruit

20  
Spaghetti w/Meat Sauce  
Buttery Garlic Breadstick  
Garden Salad  
Creamy Ranch  
Baby Carrots  
Chilled Fruit

21

22

23

*Thanksgiving Holiday*

26  
Crispy Chicken Tenders  
Fresh Baked Roll  
Creamy Mashed Potatoes  
Country Gravy  
Savory Green Beans  
Chilled Fruit

27  
Creamy Chicken Alfredo  
Buttery Garlic Breadstick  
Broccoli & Cheese  
Tuscan Salad  
Frozen Fruit Slushie

28  
BBQ Nachos  
Shredded Lettuce/Tomato  
Cheesy Refried Beans  
Salsa & Sour Cream  
Fresh Fruit

Chicken & Sausage Jambalaya  
Over Rice  
Corn on the Cob  
Garden Salad w/Ranch  
Fresh Fruit

30  
Homemade Pizza  
Garden Salad  
Creamy Ranch  
California Veggies  
Chilled Fruit  
Fresh Baked Cookie

A traditional Thanksgiving Holiday meal will be served at each cafeteria. Please check with your child's school to find out which day they will be celebrating.

**Thanksgiving Holiday Menu:** Roasted Turkey & Homemade Cornbread Dressing with Gravy, Sweet Potato Casserole, Green Beans, Fresh Baked Rolls, Cranberry Sauce, Fruit and Dessert.



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